

PLANNER'S COMMENTS

Thanks to everyone for the good turnout at Greenhead Park for the 4th event in the Lockdown series. Word is getting around and numbers are increasing. Thanks also for the positive feedback I've received either from people who I saw there on Wednesday morning or who have contacted me since.

Apologies if the Long course wasn't long enough for some of you, but it was difficult to lengthen it without making it too repetitious. The ideal route ended up at just over 6km but of course some people did more than this. It was interesting to see that the two fastest, Joey and Simon, took the slightly longer street route between 9 and 10, whereas Connor in third place took the path through the wood and over the railway. This may have been potentially faster, apart from one section in the wood where it was not obvious where the path continued.

Control 12 (long) or 16 (medium) on the path bend below the churchyard was interesting. At a normal event you would have had to physically visit the control, which probably most people on the long course did as they were approaching from the south-east. However, on the medium course, approaching from the other way it was possible to bleep the app from the path above in the churchyard, saving you 40m of running. Good judgement if anyone on the long course was brave enough to miss out the detour to the control.

Some of you know that due to an unexpected hospital appointment, I had to be in isolation for 7 days leading up to the event. This meant that I was not able to go out and check control sites myself in advance and so I am very grateful to Richard Payne who took on this job for me (plus all his other help with the technology).

Dick Spendlove