



Epistle



No. 233
October - November 2015



Photo: Vince Grealy, CLARO

**Amanda Crawshaw setting off on her victorious run
to be crowned Northern Champion**

EAST PENNINE ORIENTEERING CLUB

Serving Calderdale, Kirklees and Wakefield

OFFICERS AND COMMITTEE 2015/2016

Chair	Vacant	
Secretary	Viv Barraclough	viv.barraclough@cantab.net
Treasurer	David Morgan	d345morgan@btinternet.com
Epistle Editor	Emma Harrison	eah1607@aol.com
Fixtures Secretary	Davey Averill	daveyaverill@live.co.uk
Membership Secretary	Mike Pownall	mike58pownall@gmail.com
Committee Members	Alistair Tinto	alistair.tinto@yahoo.co.uk
	Paul Taylor	p.c.taylor@leeds.ac.uk
	Paulette Noot	paulette@noots.net
	Pat Thorpe	nirvanalee@hotmail.co.uk
	Rod Shaw	margrod123@gmail.com
	Linda Hayles	croahay@hotmail.com

OTHER CLUB OFFICIALS

Club Coach	Viv Barraclough	viv.barraclough@cantab.net
Club Championship	Vacant	
Compass Sport Trophy	Emma Harrison	eah1607@aol.com
Club Kit Officer	Vacant	
Hoodies/Sweatshirts	Emma Harrison	eah1607@aol.com
Mapping Co-ordinator	Paul Taylor	p.c.taylor@leeds.ac.uk
Permanent Courses	Vacant	
Publicity	Graham Lloyd	thelloydfamily@tiscali.co.uk
Relay Organiser	Alistair Tinto	alistair.tinto@yahoo.co.uk
Stores and Equipment	Scarf Family	thescarfs@hotmail.com
E-Punching Equipment	Ian & Julie Couch	ian@ircouch.eclipse.co.uk
Website	Anthony Greenwood	anthony.greenwood@talktalk.net
YHOA Chair		

EPOC WEBSITE www.eastpennineoc.org.uk

EDITORIAL

I hope you all had a good summer of orienteering with a range of events both near and far. As we move into autumn there are more local events on offer with something happening within the YHOA region nearly every weekend until the end of the year.

Congratulations to Adam, Alasdair, Laura, Megan and Sarah who were selected to run for the YHOA squad at the Junior Inter-Regional Champs at the end of September helping the squad to come 3rd overall. Twenty juniors from the region attended this event so it is great to see that EPOC are becoming more dominant again in the junior classes.

On this positive note it is also fantastic to see that we have 9 juniors entered for the Compass Sport final in October and the club has a total of 41 entries across all classes. This is an amazing level of support and if we all put in our best efforts I think we are capable of a very successful outcome. Good luck to everyone running!

Don't forget the next EPOC event at Ogden on Sunday 25th October.

Emma Harrison

FINAL CHAIRMAN'S CHAT

It was good to have such good turnout at the AGM with a strong 'wrinklie' contingent and some very welcome new members. The minutes from the AGM and my final Chairman's report will be elsewhere in Epistle. I would again like to reiterate my thanks to all of the committee and the other club officials for their help and support throughout the year without which we won't have a club. It is obviously disappointing that we were unable to appoint a new club chair.

It's been a bit of an odd week as I also stood down as YHOA Chairman at the regional AGM having taken on that post the year before we put on the British Relays in 2011 as I felt it would be useful to the club to hold the position at that time. Having signed the mandatory Partnership Agreement with BOF on behalf of the region for JK2016 be rest assured with alongside Mike Cope of CLARO we will be doing everything we can to ensure this is a success. A copy of my final YHOA chairman's report is also included in the Epistle.

A major concern for the region, which was quite rightly raised at our AGM, was the future of the Yorkshire and Humberside Junior Squad. I am pleased to report that going forward the squad will now have the much needed administrative support required to meet the region's aspirations.

As regards the JK we are at the stage of seeking volunteers to help over the course of the Easter weekend so if you can give a couple of hours on just one day or several please let us know.

Unfortunately I won't be able to run in the Compass Sport Trophy final in a few weeks but it looks like we have the strongest team in years so I hope it goes well.

Our next event is Ogden on the 25th October and if you can help out but haven't been in touch please let Paulette know as soon as possible.

Best wishes

Alistair Tinto

The EPOC Epistle is the club's bi-monthly newsletter

All offerings to the Epistle, including photo's, are gratefully received, especially the unsolicited ones. Reports on small events are just as welcome as those on big events. It really helps if articles, photo's, reports, notices and gossip can be emailed directly to me at

Eah1607@aol.com

Copy to Emma by 20 November 2015

Look forward to hearing from you!

Helping at an EPOC event?

Don't forget you can have half price entry to any EPOC event when you help out at an event in some way. If you need to pre-enter an event the discount code is available from the event organiser to claim a helper discount!



AGM

East Pennine Orienteering Club
Annual General Meeting
Wednesday 16th September 2015 at 8pm
Marsh Liberal Club



Minutes

1. Attendance and apologies

R & J Payne, V Barraclough, D & C Spendlove, D & J Morgan, M & P Thorpe, J & G Goodair, A Tinto, P Taylor, L Hayles, J Page, R Shaw, N Croasdell, K Sykes, D Averill, E Harrison.

Apologies were received from I & J Couch, P Noot & R Steeper

2. Minutes of 2014 AGM and matters arising

These were accepted – there were no matters arising.

3. Chairman's Report

Round up of the year

Since last years' AGM we put on all but one of our scheduled regional events but more on that later.

In October we held a Level C event on Midgley Moor for the first time which made good use of the area what had been part of the extended re-mapping of Castle Carr the year before. It will be memorable for the extended hospitality of the Lloyd family who allowed us to set up registration and download in their kitchen on what was a rather bracing day. We tried out a DIY version of pre-entry which worked to a point but despite very clear instructions, competitors emailed all sorts of permutations of entry information and several left queries and messages on the entry email rather than contact the organisers directly.

Also in October I again attended the annual BOF Association & Club Conference on behalf of the club along with a few members of other YHOA clubs. The event had previously been held at Sheffield University but was held at the NFU Mutual Headquarters in Stratford upon Avon which was a bit of trek. This year's theme was Local Event and Volunteers and I provided a summary for Novembers Epistle. Likewise the MEOC which was an opportunity to grasp some of the key issues I need to consider as joint JK co-ordinator with Mike Cope from HALO.

The Compass Sport final ended up being pushed into December from its usual Oct/Nov slot for a variety of reasons beyond the control of SN the organising club. With the venue of Long Valley at Aldershot and the time of the year it meant we struggled to muster a competitive team but those who went acquitted themselves very well. With the final being near Kendal this year and FVO running 'up' in the Cup, the club won't get a better chance to bag the title.

December saw us at Royds Hall this year for our traditional pre-Christmas slot. Following protracted negotiations over the summer we finally managed to book the facilities at Appleton Academy which provided the opportunity to do something a little bit different with the courses and was the perfect base. Viv Barraclough had organised First Aid training earlier in the year and fortunately (or unfortunately depending on your point of view) this came in very handy as one competitor suffered a serious gash to his knee which required hospitalisation.

Despite our best efforts to sort out a venue for our February fixture, an 11th hour decision was made to hold an urban event in Halifax utilising areas on Richards's original map which didn't get used when we held the Northern Champs weekend the year before. Given the deteriorating weather on that weekend, this turned out to be a wise choice.

At the end April, SELOC's held their 50th Anniversary Level D Event at Hardcastle Craggs which was fun and served as a timely reminder that we have some lovely little areas which we should really make more use of.

Our May fixture suffered again from cycling. This time it was the newly announced Tour de Yorkshire with the route cutting right through our patch on the day we'd had an event scheduled on for well over a year. We had a number of knock backs on choice of venue but were resolved to put something on which we did in the form of a sprint race at Greenhead Park.

July saw our second urban event of year at Elland, again on a brand new map courtesy of Richard. It was nice to be accepted for the UK Urban League and we certainly provided a high quality event.

The local interest generated by our sprint event at Greenhead Park in May really paid dividends and it was great to see that Jean made the long planned POC a reality. There seems to have been a resurgence in the interest on POCs with Beaumont Park up and running again and Nostell Priory also nearly finished. The council contacted us over the summer about Wellholme Park and we are working on Thornes Park. We even received an email from a lady who had turned up at Wilton Park to try the POC.

Our plans to use Norland Moor for our Christmas event were scuppered due to the council leading a consultation process on the future use of the Moor. We await the results as our use of the area for orienteering will depend on it.

The organisation around our JK next year carries on a pace and there is an awful lot of work is happening behind the scenes. The festival will only be successful with the support of as many club members as possible as there are all manner of jobs that will need doing over the weekend. It no longer seems that far away now so soon as know you will be able to help, primarily at the Relays at Storthes Hall but on any of the other days please let us know.

Our next major event is Ogden in October on one of our nicest areas and I hope everyone who can will lend a hand to ensure it is a success. We finish the year back at Newmillerdam. Next year we will again have a couple of brand new areas to showcase. The entire estate of Farnley Tyas has been mapped and whilst we the area earmarked for a major event there in 2 years time, we will use part of the area in July alongside an urban event in Huddersfield to make an EPOC weekend.

The requirement for planners, controllers and organisers to have attended an Event Safety Workshop had again been re-iterated by Mike Hamilton. We still have a dearth of club members who have attended one of these workshops and whilst I appreciate it is quite a commitment to give up 3 hours on a weekday night to attend one of these workshops it is something we are going to have to address. BOF in their wisdom have not seen fit to develop an online version of this material which I personally feel (despite attending 2 workshops) would enable more members to complete what is becoming a mandatory requirement. Virtually all such training in the NHS is online and it is quite frustrating that this is so far not the case here.

A big thank you to all planners, organisers and mappers for your efforts during the year. I would also like thank the committee for their support during the year, especially Emma for all her efforts editing the Epistle and to David who, as well as being busy as our club treasurer is looking after the accounts for next year's JK which is no mean task. There are also some non-committee members whose invaluable contributions are always much appreciated. In particular Anthony for maintaining the website and email circulations without which we would be really stuck, Ian and Julie for looking after the SI kit, Guy for collating the club results for Epistle and Mike for taking on the membership role. Viv has continued with deliver the BO Community Participation Schemes with Xplorer. It is a disappointment that the club league generated such little interest despite a lot effort on Graham's part to tabulating results and make the league as inclusive as possible

Best wishes

Alistair Tinto

4. **Treasurer's Report** – The Treasurer reported that for the first time in many years the club had run a deficit. This was due in part to a reduction in event income but also due to increased investment in mapping, equipment and training. He gave a quick run through of the main points of the accounts.

R Payne asked about the cost of maintaining POC's. In general these did not cost the club anything. Post were normally placed by the land owners and if EPOC organised map printing this was done with a small handling charge. The club was looking at a reprint of the publicity leaflet which could be provided at POC map sales points.

5. **2016 Membership Fees** – The Treasurer proposed that fees continue to match those charged by BOF. i.e. Seniors £5, Family (2 seniors £10, Juniors £2). Introducing this proposal, the Treasurer said that the membership fees currently covered: BOF affiliation, room hire for committee meetings and printing and distribution of membership lists. This would leave a surplus that would cover payment of the affiliation fee to YHOA. It was agreed that the club fees should remain the same.

Event fees were also discussed and it was agreed that they should remain the same as last year. However it was agreed that organisers should have the right to raise fees if they felt that the event was likely to incur significant extra costs. R Payne also felt that planners should have assistance in deciding how many maps to order.

6. **Election of:**

Chairman:	This post was not filled		
Secretary	V Barraclough	Proposed. A Tinto.	Seconded. R Shaw
Treasurer	D Morgan	Proposed. A Tinto	Seconded. R Payne
Epistle Editor	E Harrison	Proposed. D Morgan	Seconded. J Page
Fixtures Secretary	D Averill	Proposed. A Tinto	Seconded. D Morgan

Committee members: Alistair Tinto, Paul Taylor, Paulette Noot, Rod Shaw, Pat Thorpe and Linda Hayles all offered to serve as committee members and were appointed.

7. **Election of Auditor:** R Payne Nom. A Tinto Sec. D Morgan

8. **Any other business:**

Richard Payne proposed a vote of thanks to Alistair Tinto for his considerable number of years as Chairman. R Spendlove seconded this and also added his thanks to the whole committee for their work throughout the year.

Emma Harrison asked for Epistle articles by beginning of October.

R Spendlove mentioned the Calderdale Survey of usage of Norland Moor. He suggested that all members try to take part in this survey and point out that EPOC only uses the area out of breeding season.

Mapping. R Payne provided a first draft of the Huddersfield map. He also suggested a map of Huddersfield University. Paul Taylor was still investigating the Mining Museum for a sprint race.

Guy Goodair raised the subject of Yorkshire Sculpture Park.

Neil Croasdell asked about a new order of club shirts. E Harrison said that a new order would be possible but that they would need to be at full price.

The meeting closed at 9.25 PM

YHOA

YHOA AGM 2015 Chairman's report

This last year has been dominated by the preparations for the JK in 2016 and as a consequence the committee has only held one meeting since last year's AGM which was the one in April. Any business for the January meeting was either conducted by proxy or dealt with at one of the JK meetings as the participants have been similar on the whole.

Venues for meetings have now shifted to the Thatched House which has provided a very suitable location and fairly central for all clubs although I would like to acknowledge the landlord of the Vine who was always most accommodating host but due to his premises closing for renovation we had to seek an alternative.

There has been a big difference this year with new impetus around the management of the committee's finances from our new treasurer John Butler who has updated the financial arrangements, reviewed the expenditure and the system for awarding bursaries which are now from Juniors (M/W20 and below).

The Annual BOF Association and Club Conference moved to Stratford upon Avon in 2013 after few years of being very conveniently held at Sheffield University so as a region we could easily attend with total number of delegates usually around 30 with 10 speakers/BOF staff. No-one from the region attended in 2013 but we had 4 YHOA club members make the journey in 2014 although I'm not sure if anyone has confirmed as going this year. The rather complicated BOF mileage calculations are likely to deter those without a degree in mathematics.

There has been good attendance at the Major Events Orienteering Conferences as we get to grips with the magnitude of hosting the JK so planners and organisers have gone to learn from others, in particular JK2014 (WOA) and JK2015 (NWOA). I would like to acknowledge the enormous amount of time and effort Mike Cope in particular, along with other key officials, has been putting in over this last year in connection with our JK in 2016. Budgeting and ensuring that the JK is as affordable as possible for participants whilst still meeting the terms within the BOF Partnership Agreement has been a real challenge throughout this process.

I attended the English Orienteering Council (EOC) which is held after this year's BOC. Run by a small group of dedicated individuals who ensure the English teams for SHI, VHI & JHI as well as the Interland competition are supported and provisioned. The crux of the meeting is to agree the level of funding from regions required to sustain these activities which remained unchanged this year. The one development this year was to have 2 English teams in the Interland Competition which meant there were no travelling subs and increased the opportunity to represent England. There are political reasons why the England team is unable to receive more central funding as the Irish, Scottish and Welsh teams so it is important that the English regions support their team. There have been a couple more Event Safety Workshops run by AIRE and SYO as this becomes a mandatory requirement from BOF. I did get an acknowledgement and commitment from Mike Hamilton that BOF would produce an 'e learning' version of the workshop as I feel that forcing prospective event officials to attend a workshop rather than have an option to cover the same material in their own time at home is a counterproductive 'Catch 22' for many and puts club members off coming forward to get more involved.

It was good to see that we had a successful Level C controllers course which brings some new blood into the existing pool. It is hoped that a Level B course will take place soon.

The region also supported a coaching course which again the clubs will benefit from going forward with more qualified coaches active in the region.

All the leagues and championships took place as planned but there was a major review of the format for the Superleague and I would like to thank Vince Grealy for all his detailed analysis and computations which means we have a sustainable format for this league. Alongside all this work, Vince has also done a marvellous job in rejuvenating and relaunching the YHOA website even taking the trouble to refresh the YHOA logo.

Best wishes

Alistair Tinto

COMPASS SPORT TROPHY

I have had a fantastic response this year to the Compass Sport Final. With an impressive 41 runners I am optimistic of an excellent overall placing. Good luck to everyone running and remember everyone can make a difference by bumping down the scores of runners from other clubs. See you all there!

EPOC ORIENTEERING TOPS

There are just a couple of the new style EPOC tops available to buy. Sizes available are XS (36" chest) and M (40"). If there is sufficient interest I can look into ordering some more tops so please let me know if you would like a top in a different size to the ones in stock. Remember they are an athletic fit! Eah1607@aol.com

JK 2016

If you haven't already done so, please offer whatever help you can give over the weekend, especially at the relay at Storthes Hall.

Jan Kjellström
International Festival of Orienteering 2016
Friday 25th March - Monday 28th March 2016
- in the spectacular scenery of Yorkshire

JK2016 YORKSHIRE

50 YEARS OF THE JK

British Orienteering UK LEAGUE

Supported by: **Welcome to Yorkshire** yorkshire.com

Day 1: Sprint Race
Leeds University

Day 2: Long Distance Race
Elite Middle Distance Race
Wass Forest

Day 3: Long Distance Race
Kilnsey

Day 4: Relay Race
Storthes Hall

EPOC Rankings 2015

These are the current ranking positions (as of 28 September) of EPOC members aged second year M/W16 and over. Ranking points are not awarded to first year M/W16 and younger so they are not included, however juniors will be rewarded for their efforts rather than results in a special prize giving at the end of the year.

Pos.	Name	Points	Contributing scores
1 (64 +5)	James Logue	7928	1316, 1325, 1321, 1316, 1318, 1332
2 (124 +16)	Andy Thorpe	7754	1280, 1291, 1284, 1292, 1304, 1303
3 (135 +12)	Alasdair Pedley	7733	1282, 1285, 1296, 1300, 1279, 1291
4 (176 +3)	Simon Bourne	7656	1264, 1282, 1277, 1268, 1283, 1282
5 (193 +3)	Simon Martland	7632	1271, 1280, 1287, 1255, 1279, 1260
6 (292 +2)	Jonathan Emberton	7477	1243, 1242, 1246, 1242, 1254, 1250
7 (327 +1)	Paul Taylor	7425	1248, 1223, 1255, 1228, 1246, 1225
8 (331 +1)	Mike Pedley	7419	1227, 1250, 1230, 1242, 1238, 1232
9 (398 +4)	Phil Scarf	7340	1208, 1260, 1217, 1199, 1204, 1252
10 (726 -78)	David Averill	7052	1178, 1214, 1177, 1157, 1169, 1157
11 (735 +2)	Richard Payne	7043	1176, 1184, 1162, 1174, 1170, 1177
12 (880 +8)	Emma Harrison	6929	1154, 1162, 1153, 1155, 1161, 1144
13 (948 +5)	Amanda Crawshaw	6888	1247, 1162, 1111, 1128, 1121, 1119
14 (1012 +5)	Alistair Tinto	6843	1128, 1127, 1140, 1137, 1170, 1141
15 (1058 +3)	Graham Lloyd	6803	1130, 1147, 1120, 1146, 1124, 1136
16 (1221 +5)	Megan Harrison	6682	1099, 1136, 1099, 1087, 1158, 1103
17 (1261 +208)	Richard Spendlove	6650	1154, 1073, 1130, 1093, 1093, 1107
18 (1324 +7)	Julie Couch	6613	1114, 1107, 1094, 1094, 1100, 1104
19 (1347 +9)	Jackie Scarf	6595	1090, 1107, 1107, 1111, 1069, 1111
20 (1430 +9)	Ian Couch	6531	1074, 1092, 1112, 1097, 1084, 1072
21 (1639 +9)	Esther Logue	6393	1046, 1047, 1023, 1087, 1081, 1109
22 (1683 +9)	David Harrison	6359	1057, 1071, 1090, 1038, 1043, 1060
23 (1935 -71)	Paul Jackson	6156	999, 1030, 1030, 1077, 1024, 996
24 (2058 +36)	Helen Pedley	6054	1007, 1010, 1019, 1001, 1005, 1012
25 (2213 +14)	Jean Lochhead	5948	993, 995, 985, 988, 984, 1003
26 (2279 +15)	Neil Croasdell	5881	979, 969, 980, 1012, 999, 942
27 (2385 +12)	Guy Goodair	5766	956, 995, 948, 954, 959, 954
28 (2427 +15)	William Barraclough	5721	1209, 1150, 1186, 1095, 1081
29 (2465 +21)	Helen Martland	5689	925, 955, 969, 979, 937, 924
30 (2580 +23)	Rod Shaw	5550	914, 946, 973, 908, 905, 904

Pos.	Name	Points	Contributing scores
31 (2714 +17)	Joanna Emberton	5387	909, 904, 928, 879, 913, 854
32 (2747 -23)	Linda Hayles	5344	841, 855, 963, 906, 803, 976
33 (2784 -28)	Judith Goodair	5275	886, 841, 911, 930, 868, 839
34 (2860 +18)	Philip Thompson	5153	869, 845, 847, 871, 868, 853
35 (2931 +17)	James Williams	5040	1229, 1289, 1222, 1300
36 (2969 +16)	Mike Thorpe	4976	751, 839, 759, 978, 773, 876
37 (3024 +14)	Michael Wood	4880	914, 919, 871, 553, 816, 807
38 (3061 +12)	Juliet Morgan	4822	794, 873, 773, 811, 780, 791
39 (3103 +16)	Jackie Page	4764	797, 809, 774, 784, 804, 796
40 (3139 +17)	Jane Payne	4689	783, 783, 789, 774, 780, 780
41 (3177 +16)	Keith Sykes	4624	886, 934, 914, 973, 917
42 (3216 +19)	Pat Aspinall	4554	812, 728, 724, 799, 764, 727
43 (3265 +12)	Bob Steeper	4457	926, 896, 971, 883, 781
44 (3280 +13)	Rebecca Lloyd	4426	724, 792, 740, 753, 663, 754
45 (3319 +12)	David Morgan	4326	751, 731, 653, 744, 720, 727
46 (3362 +12)	corinne roberts	4222	735, 721, 591, 633, 832, 710
47 (3476 +41)	Margaret Shaw	3961	648, 614, 707, 622, 690, 680
48 (3633 -442)	Brian Mellor	3522	1045, 813, 641, 1023
49 (3671 +10)	Viv Barraclough	3409	1158, 1112, 1139
50 (3856 +18)	John Elliott	2860	893, 1034, 933
51 (4105 +24)	Bryan Parkinson	2214	1072, 1142
52 (4383 +23)	Paulette Noot	1767	519, 605, 425, 218
53 (4568 +25)	Adam Breaks	1252	1252
54 (4723 +19)	Steven Wood	1077	1077
55 (4775 +18)	Roland Sansom	1034	1034
56 (4857 +14)	Gillian Markham	987	987
57 (5074 +12)	Robert Page	823	823
58 (5074 +12)	Tom Crawshaw	823	823
59 (5119 +12)	Alan Hardwicke	772	772
60 (5158 +18)	Val Pownall	725	725
61 (5234 +17)	Siarlot Lloyd	615	615
62 (5288 +19)	Donna Wood	492	492
63 (5289 +19)	Sarah Noot	489	489
64 (5371 +20)	Pat Thorpe	39	16, 16, 7

UK O League Club League

Rank	Club	Points
1	BOK	5648
2	SYO	5042
3	OD	4917
4	EPOC	4558
5	SO	4400

Xplorer

Viv Barraclough

Lead Coach, EPOC Club Nights

Xplorer events, meeting at the playground

Thurs 29th Oct Greenhead Park

Sun 13th Dec Greenhead Park (provisional)

See www.xplorer.org.uk for details

Catering by Viv Barraclough

Quality hot and cold food with emphasis on seasonal and local produce

Private Functions and Special Occasions
Corporate Events and Business Lunches, Morning Coffee, Afternoon Tea,
Dinner Parties and Ready Meals

Menus to suit your taste and budget

Tel: 01484 604527 or 07906 500541; Email: viv.barraclough@cantab.net

EVENT REPORTS AND RESULTS

(a huge 'thank you' to Guy, as always, for sifting through and sending me all the results)

Scottish 6 Days, 2 to 8 Aug 15

Day 1 Achagour, Day 2 Strathfarrar, Days 3 & 4 Darnaway, Days 5 & 6 Glen Affric

Days	1	2	3	4	5	6	Best 4
M10B							
9 th Euan Logue	11	11	13	5	6	5	27
M12A							
11 th Sam Crawshaw	9	9	13	15	*70	8	39
48 th Ciaran Bourne	47	42	46	33	*70	34	155
52 nd William Martland	49	46	38	46	*70	*70	179
M16A							
9 th Alasdair Pedley	19	22	13	4	37	1	37
M40S							
41 st David Harrison	29	45	37	29	33	*60	128
M45L							
3 rd James Logue	1	6	2	8	3	9	12
20 th Simon Bourne	18	24	24	17	*205	12	71
52 nd Andy Thorpe	*205	39	43	59	61	34	175

WHITE ROSE WEEKEND – 28 to 31 AUGUST 2015

Photo's: Paulette Noot



Adam Thorpe



Alasdair Pedley



James Williams



Imogen Noot-Williams



Alex Crawshaw



Andy Thorpe



Mike Pedley



Dick Spendlove



Rod Shaw



Helen Pedley



Sarah Pedley

Laura Harrison



Megan Harrison



Emma Harrison Amanda Crawshaw

EBOR White Rose Weekend, Pickering Forest - 28 to 31 Aug 15

Night Score Event - 28 Aug 15

Junior Men

2 Alisdair Pedley 220 pts 29.46

Senior Vet Men

8 Mike Pedley 180pts 29.43

Junior Women

1 Megan Harrison 175pts 34.04

Vet Women

1 Emma Harrison 195pts 30.08

Sprint Race - 29 Aug 15

Junior Men

1 Alasdair Pedley 13.52

Junior Women

5 Megan Harrison 15.35

Young Junior Men

2 Adam Thorpe 9.06

5 Sam Crawshaw 9.51

Young Junior Women

1 Sarah Pedley 8.34

5 Laura Harrison 11.48

8 Anna Thorpe 16.46

10= Katie Jones 26.58

10= Ffion Noot Williams 26.58

Senior Men

5 James Williams 16.56

Vet Men

2 Simon Martland 13.54

7 Andy Thorpe 15.54

12 Paul Taylor 16.55

29 David Harrison 21.35

Vet Women

5 Emma Harrison 16.09

Amanda Crawshaw miss8 17.45

Vet Senior Men

31 Mike Pedley 28.23

Classic & Middle Distance Races 29 & 30 Aug 15

	Classic	Middle	Total
M12A			
2 nd Sam Crawshaw	32.54 (2)	25.12 (2)	58.06
5 th William Martland	54.58 (5)	54.00 (7)	108.58
M14A			
2 nd Adam Thorpe	27.49 (2)	23.57 (2)	51.46
M16A			
1 st Alasdair Pedley	58.08 (1)	34.08 (1)	92.16
M35A			
1 st James Williams	99.30 (2)	46.30 (1)	146.00
M40S			
4 th David Harrison	116.58 (4)	49.00 (1)	165.58
M45L			
1 st Andy Thorpe	76.42 (1)	47.24 (2)	124.06

M50L			
15 th Bob Steeper	167.10 (18)	109.39 (18)	276.49
Paul Taylor	m22	58.28 (9)	-
M55L			
2 nd Mike Pedley	71.27 (3)	38.02 (3)	109.29
M60L			
Raymond Stone	m11-17	-	-
M65L			
2 nd Richard Spendlove	69.41 (2)	46.05 (7)	115.46
10 th Ian Couch	85.49 (11)	51.32 (11)	137.21
Richard Payne	-	39.08 (1)	-
M65S			
6 th David Morgan	73.59 (5)	64.00 (6)	137.59
M70L			
11 th Mike Thorpe	90.19 (6)	78.13 (14)	168.32
M 75L			
3 rd Rod Shaw	69.35 (6)	46.45 (3)	116.20
Guy Godair	w12	67.28 (9)	-
M80			
2 nd Philip Thompson	84.46 (2)	71.09 (3)	155.55
W10A			
1 st Alexandra Crawshaw	22.46 (1)	12.11 (1)	34.57
W10B			
1 st Imogen Noot-Williams	17.31 (2)	7.14 (1)	24.45
W12A			
5 th Anna Thorpe	59.01 (4)	52.03 (5)	111.04
W14A			
2 nd Sarah Pedley	34.01 (1)	36.29 (3)	70.30
3 rd Laura Harrison	49.58 (3)	36.34 (4)	86.32
W16A			
3 rd Megan Harrison	76.33 (3)	40.23 (4)	116.56
W40L			
2 nd Emma Harrison	83.03 (3)	41.10 (2)	124.13
3 rd Amanda Crawshaw	83.40 (4)	45.34 (3)	129.14
W45S			
4 th Helen Martland	52.51 (1)	56.11 (4)	109.02
W50S			
1 st Helen Pedley	49.57 (1)	38.54 (2)	88.51
W55L			
2 nd Julie Couch	63.17 (2)	38.04 (2)	101.21
W65L			
9 th Juliet Morgan	66.40 (6)	58.21 (12)	125.01
Jackie Page	77.30 (14)	-	-
W70L			
7 th Judith Goodair	90.09 (8)	77.55 (7)	168.04
W70S			
Paulette Noot	-	m 6-12	-
White			
Ffion Noot-Williams	dns	16.39 (3)	-

Relay - 31 Aug 15

A at least 1 Woman

3rd 92.48 Jolly Happy People - **James Williams**/Heather Monro/Pauline Tryner

A 120+

Mp 97.33 Old Man's Legs - Steve Dempsey/**Paul Taylor**/**Simon Martland**

B 120+ All Women

1st 107.09 Hot Legs - Jenny Lightfoot/Sophie Brown/Amanda Crawshaw

C 1 Parent & 2 Children

1st 73.26 Pedley Family - Mike Pedley/Alasdair Pedley/Sarah Pedley

3rd 95.30 EPOC Harrisons - Emma Harrison/Megan Harrison/Laura Harrison

4th 101.41 Thorpedoes - Andy Thorpe/Adam Thorpe/Anna Thorpe

M/W 12

1st 25.24 Young Legs - Alex Crawshaw/Euan Tryner/Sam Crawshaw

4th 42.22 Fast Girls - Katie Jones/Ffion Noot-Williams/Imogen Noot Williams

LOG, Lincoln City Urban - 5 Sep 15

WUV Length 2.8km, 12 controls

4 Jackie Page 35:19

6 Jean Lochhead 39:19

SYO Middle Distance Event, Bowden Housesteads - 6 Sep 15

Orange (length 1.9km, 10 controls)

6= William Martland 26:23

Short Green (length 3.2km, 19 controls)

4 Paul Jackson 65:43

11 Jane Payne 92:43

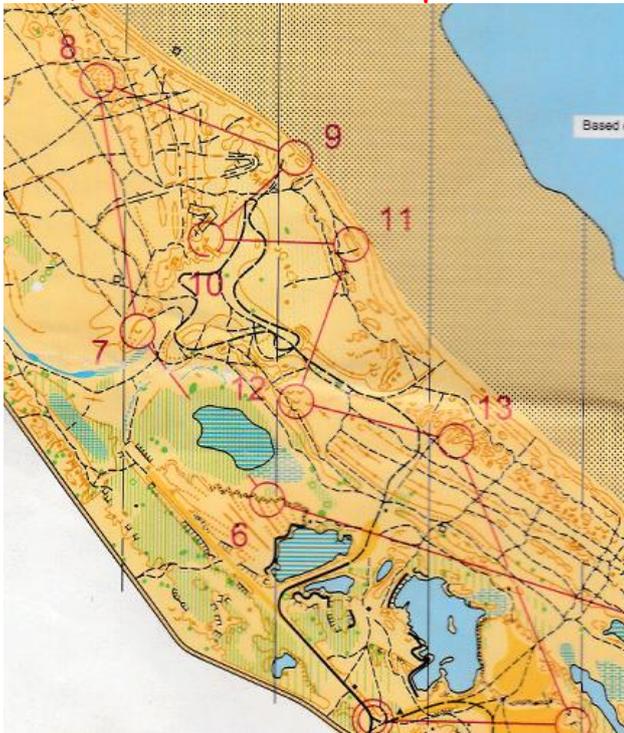
Green (length 3.7km, 21 control

21 Helen Martland 71:47

Blue (length 4.4km, 25 controls)

12 Richard Payne 59:48

CLOK, South Gare Dunes - 6 Sept 15



A surprisingly challenging area just north of Redcar

Results

Brown 7.5km

1. Alasdair Pedley 55.26

3. Mike Pedley 60.07

7. Graham Lloyd 75.13

10. David Harrison 114.59

Blue 6.5km

2. Emma Harrison 70.54

Green 5km

7. Sarah Pedley 58.57

14. Megan Harrison 65.44

23. Laura Harrison 89.12

26. Rebecca Lloyd 91.31

TROL Antwerp Sprint Orienteering Weekend - 5/6 Sep 15

M Ultravet	total	Sprint 1	Sprint 2	City Race
9 Guy GOODAIR	1:22:20	0:22:34 (10)	0:17:41 (7)	0:42:05(8)
W Ultravet				
3 Judith GOODAIR	1:39:33	0:22:33 (5)	0:17:16 (3)	0:59:44(4)

Let the train take the strain London City September 2015

David & Juliet Morgan

We last tried the London City street event a couple of years ago. It was based on the Inns of Court but frankly I was disappointed in my course as it had a lot of dead running along shopping streets just to get the distance so we missed last year.

This year it changed to a three day event with a night sprint round Imperial College on the Friday, the main race based on Wapping on the Saturday and a qualifying series on the Sunday based on Highgate.

We didn't want to travel down and stay in London, so we just entered the Saturday event and booked return trains leaving Wakefield at 6.30 AM. Stupidly I asked for early times and found that I was starting at 10.19. After an early start, enlivened by a chat with Dicky Bird (the cricket umpire) at Westgate we arrived full of Virgin Trains coffee at Kings Cross at 9.08. One tube and one overground train later (Oyster Cards are really worthwhile) and a short walk we were at the rather inadequate event centre. A quick change and 1.2km walk to my start. I got there 1hr and 1 minute after the train stopped in Kings Cross!

Why did I rush, they were starting about 10 mins late and the officials were struggling to explain to runners of many nationalities that a series of gates that were meant to be open were in fact locked. Maps were being hand altered as we stood on the line – but it was warm and sunny and everyone was very good natured.

10.19 arrived, I punched and picked up my map, where was the start?, where was no. 1? The purple did not show up against all the dark grey. In fact start and 1-5 were all within about a 100m radius – simple – no they were on 2 or 3 levels with walkways and stairways. Everywhere you looked there were orienteers leaning over walls and seeing their controls 10ft below. I got through this bit steadily and then set off on a series of longer legs. Mostly simple until you realised that the controls were always on the other side of an un-crossable wall meaning a long round route – out and back.



Again all was well until I hit the traffic – a series of main roads with solid traffic from both sides, how long until the lights changed – I saw one fast runner take his chance, I didn't as it was a Police Van that had to stop to let him through. We then headed down to the Tower of London and St Catherine's dock – both out of bounds. The roads here were manic and all marked as uncrossable except at underpasses. I can't remember what I did, I think it was a pedestrian crossing.

11 & 12 were only 50m apart, but the planner had another trick, many of the narrow passageways had locked gates and this was one. Orienteer after orienteer ended up peering at a kite 10m away and then set off to run 200-300m round to the other side of the gate.



We then ended up in some really attractive re-developed areas. Fred (above left) heads into one of the newly landscape locks. Smart mews properties, tree flanked canals with the odd navigational challenge – like how to get down to the end of the underpass at No 14.



The last legs were a bit predictable but could still lose time with controls on the wrong side of fences and hedges.

Overall, a very enjoyable event, but would we travel quite so far for an urban again – quite possibly.

And to follow, lunch at St Catherine's Dock, a sit by the Thames to watch Tower Bridge Open and a visit to HMS Belfast.



Then it was just a case of 2hrs back on the train and home at 7.30 to watch the end of the cycling.
Guy will provide the gory details of the results.

SLOW City of London Race - 12 Sep 15

Children

1st= Sam Crawshaw 10:10
9th Alexandra Crawshaw 12:37

Youth

4th Megan Harrison 31:20
17th Sam Crawshaw 35:59
29th Laura Harrison 46:55

EYM

3rd Alasdair Pedley 50:08

W35

12th Emma Harrison 50:57
14th= Amanda Crawshaw 51:07

M35

74th David Harrison 81:53

M50

w13 Paul Taylor 43:04
m17 Mike Pedley 44:22

W65

17th Juliet Morgan 58:18

M65

57th David Morgan 79:52

CLARO Level C Event, Hanging Moor - 13 Sep 15

Blue 5.8km 215m

9th Richard Payne 1 72:51

Green 3.5km 140m

24th Mike Thorpe 69:24
35th Helen Martland 89:40

Short Green 3.2km 125m

m9 Jane Payne 96:46

Orange 2.7km 100m

7th Pat Thorpe 101:42
m4 William Martland 55:19

AIRE Northern Championships, Monks Road - 19 Sep 15

Course 1 13.425km 440m

10th James Logue 81:14

Course 2 10.75km 360m

10th Alasdair Pedley 73:43

Course 3 9.6km 270m

1st Andy Thorpe 64:59
13th Jonathan Emberton 76:21
16th Simon Martland 78:12
18th Paul Taylor 78:42

50th Graham Lloyd 102:18

Course 4 7.8km 200m

4th Mike Pedley 61:38

Course 5 6.175 km175m

17th Amanda Crawshaw 63:32
20th Emma Harrison 64:38

Course 10 3.425km 140m

1st Helen Pedley 42:06
16th Helen Martland 50:56
39th Joanna Emberton 75:13
41st Judith Goodair 78:41

Course 11 3.27km 105m

20th Philip Thompson 78:25

Course 12 2.8km 105m

1st Pat Aspinall 57:19

Course 14 5.7km 150m

1st Adam Thorpe 45:39

Course 15 3.225km 110m

9th Will Emberton 41:34
16th Laura Harrison 54.40
22nd Corinne Roberts 93:43

Course 7 5.575km 170m

5th Richard Payne 48:31
 23rd Richard Spendlove 53:35
 55th Ian Couch 62:58
 74th Neil Croasdell 76:53

Course 8 4.9km 145m

28th Megan Harrison 49:20
 34th Julie Couch 50:21

Course 9 4.375km 125m

17th Guy Goodair 63:40
 29th Rod Shaw 73:54
 33rd Margaret Shaw 89:05

Course 16 2.9km 80m

22nd Anna Thorpe 65:49
 24th Maebh Logue 69:25
 rtd Sam Crawshaw
 m10 William Martland 58:31

Course 17 2.475km 75m

1st Alexandra Crawshaw 33:32
 6th Euan Logue 47:08

Course 18 1.45km 40m

4th Imogen Noot-Williams 27:45
 9th Rhiannon Logue 38:47
 14th Ffion Noot-Williams 73:16

AIRE YHOA Championships, Hawkswick Clowder - 20 Sep 15**Short Brown 8.5km 225m**

6th Alasdair Pedley 56:03
 8th Andy Thorpe 57:59
 15th Jonathan Emberton 65:21

Blue 6.5km 260m

13th Mike Pedley 55:44
 52nd Emma Harrison 68:39
 rtd Amanda Crawshaw

Short Blue 5.8km 250m

13th Richard Spendlove 59:54
 18th Richard Payne 60:33
 43rd Ian Couch 70:34
 45th Helen Pedley 70:40
 57th Linda Hayles 74:46
 81st Neil Croasdell 97:54

Green 5.25km 185m

2nd Adam Thorpe 38:12
 22nd Megan Harrison 52:28
 23rd Julie Couch 52:29
 90th Margaret Shaw 104:57

Short Green 3.775km 75m

17th Rod Shaw 51:59
 26th Philip Thompson 60:18
 29th Guy Goodair 62:56
 31st Judith Goodair 63:49
 40th Jane Payne 71:47
 44th Pat Aspinall 76:00
 m1 Joanna Emberton 62:36

Light Green 3.325km 120m

4th Sarah Pedley 32:14
 16th Laura Harrison 44:30
 24th Corinne Roberts 67:37

Orange 2.525km 55

13th Anna Thorpe 41:57

Yellow 1.95km

7th Alexandra Crawshaw 28:50

BAOC Military League, North Catterick - 23 Sep 15**Blue**

28 Neil Croasdell 78.37

DVO EM League, Chinley Churn - 27 Sep 15**Green 4.4km**

41 Rebecca Lloyd 87.37

Blue 6.2km

3 Graham Lloyd 59.35

SELOC Haslingden Grane - 27 Sep 15**Blue 4.6km**

7 Dick Spendlove 69.11

Short Blue 3.7km

21 Rod Shaw 114.07

Green 3.3km

15 Maggie Shaw 124.09

Very Short Green 1.9km

3 Pat Aspinall 58.04

WCH JIRC Weekend, Brereton Spurs - 27 Sep 15

W14 3.7km

7 Sarah Pedley 39.07
12 Laura Harrison 46.04

W16 4.4km

15 Megan Harrison 46.32

M14 4km

16 Adam Thorpe 38.22

M16 5.9km

5 Alasdair Pedley 46.31

Porto City Race Weekend 25 to 27 September

Guy Goodair

The event centre for the first (night) race was in the Castle on the Foz seafront. We collected our numbers, goody bag and technical teeshirt all for the princely sum of 15 Euros for the whole weekend. (BOF should send someone from their marketing team out to Portugal for a lesson or two on offering 'value for money')

The race started from 8pm onwards rather eerily with mist from a sea fret swirling round in the park adjacent to the castle and it was straight into the cobbled streets of Foz – all on a hillside and some of them were virtually narrow alleys which meant we were sometimes blinded by the powerful headlamps of runners coming in the opposite direction. The finish was inside the castle outer wall and I'd one inside the castle itself on an upper floor. No time to dally afterwards as the bus for the return journey didn't run that frequently.

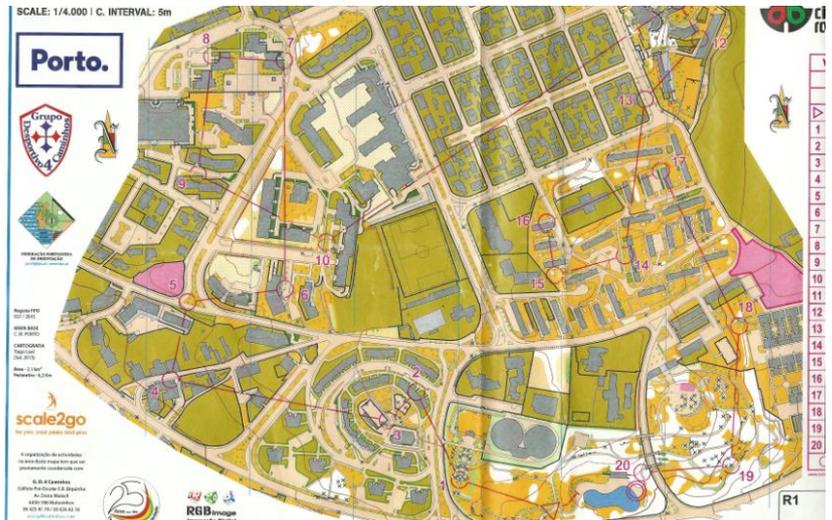
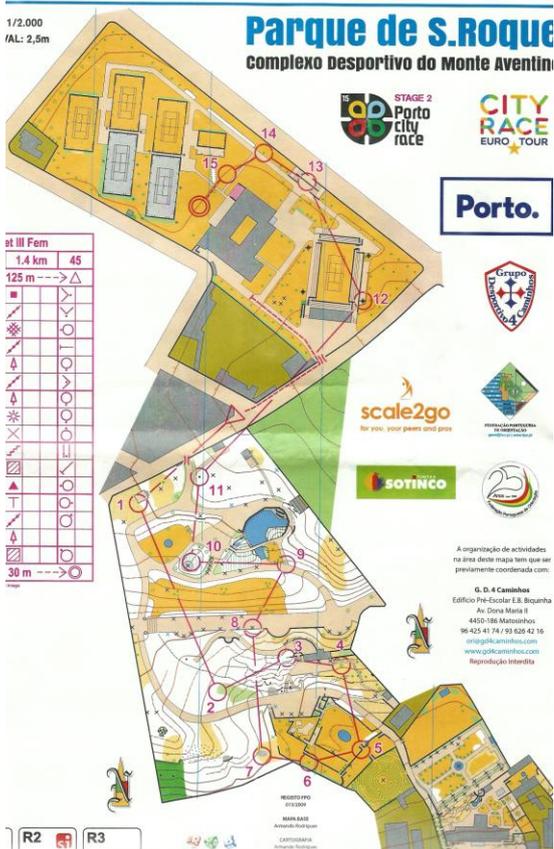
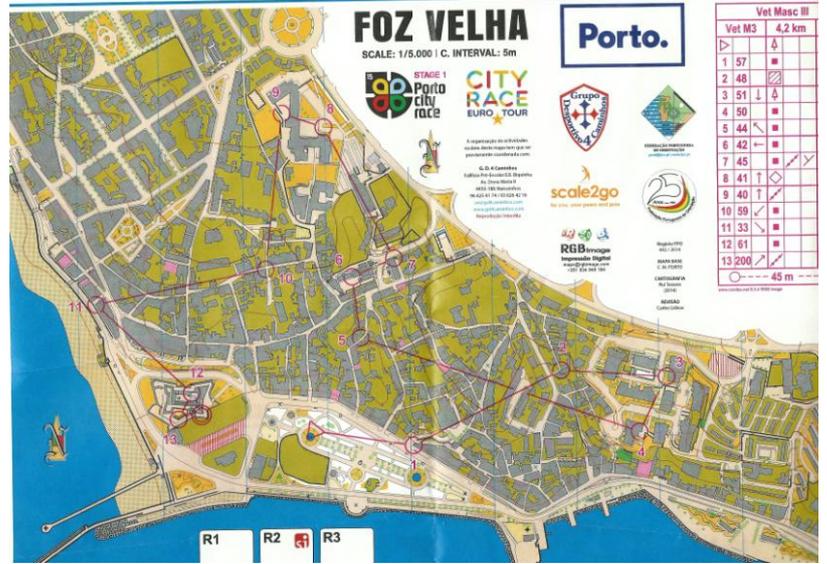
Day 2 was a Sprint event held in Parque San Roque which is very near Stadium Porto FC's ground. The start/assembly and finish was in a sports complex – Scale of the map was 1:2000 – so everything seemed to come up very quickly. Fortunately us 'old folk' with failing eyesight were spared the complexities of the maze which seemed to 'throw' a lot of runners. The last 7 controls on my course were round the complex itself.

Day 3 was based on Parque Pasteleira which is to the west of Porto's centre, still quite hilly though and was the usual urban mix of flats, small grassed areas, school grounds then back into the park to finish.

Glorious weather for the two day races, great atmosphere and if you were fast enough (we weren't) lots of bottles of port for those who made the podium.

Put it on your 'To Do' list!!





Porto City Race Weekend - 25 to 27 Sep 15

	Foz night event	Sprint S. Roque Park City Race	Pasteleira
W Ultra vet			
Judith Goodair	4 (43.04)	5 (16.14)	4 (41.97)
M Ultravet			
Guy Goodair	5 (46.23)	6 (22.24)	5 (46.30)

YHOA URBAN LEAGUE – 2016

For details go to www.aire.org.uk

YHOA SUPER LEAGUE - 2015

There have been significant changes to the way the YHOA Superleague will be scored for 2015. For further information go to www.aire.org.uk.

For 2015 the remaining list is:

25 Oct 15	EPOC Level B Event, Ogden Water
1 Nov 15	SYO Level C Event, Ramsley Moor
22 Nov 15	CLARO Level C Event, Brimham Rocks
6 Dec 15	SYO Level C Event, Wharnccliffe

YHOA NIGHT LEAGUE – 2015/16

The 2015/16 YHOA Night League will start on Saturday 31st October at Ramsley Moor. For further information about the 2015/16 YHOA Night League go to www.aire.org.uk

TRAINING RUNS

HALIFAX MONDAY FOOTPATH RUNS - 6.30pm

Everyone welcome. We tailor the runs to accommodate those who turn up and we cater for all standards!

Further details and updates from Graham Lloyd

Phone: 01422 882899 or Email: thelloydfamily@tiscali.co.uk (note 3 l's)

WEDNESDAY WRINKLIES COUNTRY RUN & WALK

Usually at 10am but sometimes 9.30am. We move around the hills and dales keeping out of towns. The runners do about 1 ½ to 2 hours while the walking group aim for around 2 to 2 ½ hours, don't slouch but aren't aggressive either. The run/walk usually ends up with a pub lunch. Contact Jackie Page 01484 316170 or Roland Sansom 01484 862475. Alternatively email either Jackie or Roland to put your name on the mailing list which goes out each weekend with the following Wednesday's details.

FIXTURES – October to December 2015

A complete list of fixtures can be found on the BO website

www.britishorienteeing.org.uk

Date	Club/Region	Type/Area	Location
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October

3	CLOK/NEOA	October Odyssey Day 1, Eston Moor	Middlesbrough
4	CLOK/NEOA	October Odyssey Day 2, Silton Forest	Northallerton
10	DEE/NWOA	DEE Sprint Weekend, Forest Sprint, Eastham Country Park	Wirral
10	DEE/NWOA 	DEE Sprint Weekend, Night Sprint, Grosvenor Park	Chester
11	DEE/NWOA	DEE Sprint Weekend, Urban Sprint, City Centre and The Dale Barracks	Chester
11	EBOR/YHOA	Regional Event	York
18	SROC/NWOA	Compass Sport Final, Helsington Barrows	Kendal
25	EPOC 	Regional Event, Ogden	Halifax
31	NATO/NEOA 	Northern Night Champs, Slayley Hall Estate	Hexham
31	SYO/YHOA 	YHOA Night League, Ramsley Moor	Chesterfield

November

1	SYO/YHOA	Regional Event, Ramsley Moor	Chesterfield
7	LOC/NWOA	Middle Distance UKOL, Simpson's Ground	Newby Bridge
8	LOC/NWOA	UKOL Bethacar Moor	Coniston
8	NOC/EMOA	Regional Event, Thoresby North	Ollerton
15	AIRE/YHOA	Regional event, Middleton Park	Leeds
22	CLARO/YHOA	YHOA Superleague, Brimham Rocks	Pateley Bridge
28	CLARO/YHOA 	YHOA Night League, Killinghall Moor	Harrogate
29	DVO/EMOA	Regional (EM Champs), Birchen Edge & Gardoms Edge	Matlock

December

6	SYO/YHOA	Regional Event, Wharnccliffe	Sheffield
12	HALO/YHOA 	YHOA Night League, Swinemoor	Beverley
13	HALO/YHOA	Regional Event, Beverley Westwood	Beverley
19	EPOC  	YHOA Night League, Newmillerdam	Wakefield
20	EPOC 	Regional Event, Newmillerdam	Wakefield
Mon 28	EBOR/YHOA	Regional Event, Bishop Wood	Selby

Check with club and/or BO websites for further information about an event. Club websites can be found via the BO website (details above).