



ORIENTEERING IN CROW NEST PARK



A **Permanent Orienteering Course** has been developed in the park to give you the chance to try a non-competitive or leisure form of Orienteering using your map reading skills to navigate around a course of markers or 'controls'.

There are four courses in the park. Two short ones which are wheel friendly. The second one is a bit longer and the navigation a bit harder. The third has steps and 14 controls. The fourth one has 16 controls and is a bit harder and longer. Not all the control plaques are obvious but if you are in the right place you will find them.

The Map

Study the map carefully and use the 'legend' to find out the meaning of the symbols. Note the lake at the Southern end and the rugby pitch at the eastern side. These are large features which help you to 'orientate' your map, that is aligning it with the ground.

The parallel lines marked ↑ show the direction of Magnetic North.

The scale of the map is 1:4000 which means one centimetre on the map represents 40m on the ground.

Red circles ○ with accompanying letters are marked on the map. These circles represent the controls and the letter is the code for that control. Each control has its own description.

The Red triangle within a Red Circle △ on the map marks the start and finish of the courses and is attached to the office building corner adjacent to the car Park (it is coloured Orange).

The controls are Red and White plastic or metal markers with a letter and number on each of them. When you find the marker you will see it has the code letter and a number - write the number in the first square of your chosen course and then go on to the second control. Your challenge is to visit the controls of your chosen course in the correct order, writing down the code numbers in the corresponding squares on your map. When you have finished your course, check you have been to the correct controls by adding up the code numbers and comparing your answer with the total.

We hope you have enjoyed your taste of orienteering – it is as leisurely or as strenuous as you want to make it. If you would like to try more orienteering visit the East Pennine Orienteering Club website for more events and more Permanent Courses www.eastpennineoc.org.uk

Maps for this permanent orienteering course can be downloaded from the EPOC Website link "permanent courses".

If you find any missing or damaged controls when you are doing your course, please could you inform East Pennine Orienteering Club so that remedial action can be taken to renew or repair the controls. The club can be contacted via email: eastpennineorienteeringclub@gmail.com